

*Advanced
Medical Skin Care
Institute*



Steven M. Morris, MD

Facial Services

Advanced Medical Skin Care Institute

Your skin is different from everyone else's --- So should your skin care system.

Although we all share common skin problems such as lines and wrinkles, un-even pigmentation, dry or oily skin, acne, or combinations of these conditions, our individual response to specific treatments for these problems, and **the best combination of therapies for each individual vary considerably.**

Unfortunately, most skin care "clinics", spas, and doctor's offices offering skin care, as well as products found in department stores or on the internet, treat every individual **the same way**. They profess that their product or limited methods are the perfect answer for everyone. Unfortunately this is not reality.

Every person's skin responds differently to each method of treatment. While many products or treatments may be somewhat beneficial for nearly everyone, each individual's response is highly variable. Therefore, if one is only allowed the opportunity to use a limited number of products or treatments, he or she may be getting sub-optimal results, as well as spending money unnecessarily. Equally important is the fact that, as your skin changes and improves, the specific products or techniques used may need to be altered from time to time, in order to keep your skin as healthy and as beautiful as possible.

The average skin care clinic simply cannot offer this adaptability and range of services – so you are sure that your skin gets as many benefits as possible, and all of the improvement you deserve.

It is important to understand that the facial and body skin care treatment industries are rampant with false claims and ineffective products and treatments. It is a very lucrative business, as beautiful skin is very high on an emotional intensity level for the majority of women and many men. Therefore, unsuspecting individuals are often sold large quantities of marginally effective products or services. The absolute best results are displayed and pressure sales techniques to maximize impulse buying are often employed.

We will earn your business and loyalty for two reasons – the **effectiveness** of our products and treatments – demonstrated by **a remarkable change in your skin**, as well as the **quality of your experience** – we want you to feel like a part of our family – you should not hesitate to call with questions – our staff is dedicated to your success!

We also will tell you when a skin care product or treatment regimen is not the proper treatment for your concerns, or if additional techniques are necessary to achieve optimal results.

We use the **VISIA** skin care analysis system to properly diagnose, plan and monitor the progress of your treatment. This is one of the many techniques (but a **very** important one) that differentiates us from “clinics” and “day spas” offering skin care treatments.

The VISIA system provides a detailed analysis of **your** specific skin issues, such as: pigmentation, pores, wrinkles, evenness, porphyrins, UV spots and photo damage.

We are able to precisely diagnose your skin condition, determine proper treatments for correction and document the wonderful improvement you will achieve.

We are able to offer Botox®, Restylane®, and other advanced therapies using pulsed light as well as surgical procedures, if necessary, to provide you with state of the art care to enhance your natural beauty!

SERVICES

Specialty Masks

Nutrients in each type of mask will help soothe, heal, and detoxify the skin. Our aesthetician will help you decide which mask is best for your particular skin condition. This service includes hand, arm, and facial massage.

Rhonda Allison masks and facials are not only relaxing, but are *extremely* effective in improving nearly any skin condition. They are *much* more therapeutic than facials at nearly every clinic or spa. www.rhondaallison.com

Rhonda Allison Masks and Signature Facials

Note: Please arrive without make-up or lotions, if possible.

Non-Surgical Facial Tightening Signature Facial \$75

For firmer, smoother, younger looking skin! Featuring the breakthrough anti-aging ingredient elastisome®, you will notice that you look up to 10 years younger after your very first application. The appearance of fine lines and wrinkles will be visibly reduced up to 57% with continued use.

Facial Extraordinaire \$75

Soothe, rejuvenate, and nourish your skin with incredible sensations and euphoric aromas. Selected by Allure Magazine® as the best facial treatment in 2000, we offer this extraordinaire experience.

Fruitzyme Rejuvenator \$75

One of the first steps toward healthier skin is digesting and lifting away dead skin cells. Our three step fruitzyme exfoliates, smoothes, and polishes the skin. The benefits of cherry and pomegranate nurture skin tissue to build and strengthen. Your skin will have a rosy glow, feel alive, fresh, and will look younger.

Multivitamin Hydrating Facial \$75

Has your skin had its vitamins today? Following an exfoliating warmed pineapple enzyme, your skin will drink up our specialty hydrating cocktail -- a strong dose of Vitamin C and Vitamin E, grape extracts, essential fatty acids, and yam extracts. To finish, a moisturizing honey vitamin mask provides the perfect balance of nutrition for healthy skin.

Stimulating Deep Pore Cleansing Facial \$75

Enjoy squeaky clean facial skin using the organic pumpkin enzyme, vitamins, and antioxidants. A stimulating, purifying mask, your skin will love it!

Melanin Suppressant Facial \$75

Lighten and brighten your skin tone with our pigment reduction enzyme. The skin is then treated with a unique blend of lightening nutrients. The icing on the cake, or in this case on the face, is an organic Blueberry Cream Mask that supports the balance of color while infusing the skin with much needed antioxidants.

Brighten Up Facial \$75

Lighten and brighten skin tone while refreshing and rejuvenating the skin. Our special lightening serum and enzymes work together to suppress pigment and dissolve dead and aged skin cells. We customize a lightening cocktail and layer with a therapeutic Rosemary Basil Mask. Eyes are brightened and treated with an all-natural lightening mask.

Blemish Control Facial \$75

Eliminating bacteria before they produce inflammation is the key in blemish control. The primary goal of this treatment is to attack blemishes before they erupt. A potent salicylic paste, an antioxidant serum, and a stimulating organic green tea and wasabi mask are the main players in this highly effective treatment.

Clear Complexion Facial \$75

Deep enzymatic action combined with fruit acids correct problem skin. A clear complexion is our goal! This facial is followed by a purifying anti-bacterial mask, to keep skin blemish free and healthier.

Italian Herbal Detox Peel \$75

Blended Herbs of oregano, basil, thyme, and rosemary, combined with natural safe antibacterial serums, create a unique “healing paste” that destroys toxins and purifies the skin. This treatment aids in the clearing of blemishes and congestion and deeply cleanses the skin. It is very beneficial for oily, problematic combination skin.

Seasonal Facials:

Spring: Grape Passion \$95

Your skin will love the noticeable benefits Rhonda Allison’s grape medley provides. We are passionate about your skin and use superior blends of active grape seed extracts, rich red fruit and vegetable extracts, milk acids, and nutrient building ingredients to counteract and reverse the effects of free radical damage.

Summer: Maui Spa Facial \$95

This treatment is designed to smooth, soften, and hydrate skin using natural extracts from fresh Hawaiian Pineapple. The gentle enzymatic action of pineapple provides just the right degree of exfoliation, while infusing important nutrients. The blending of organic extracts such as vitamins, humectants, and essential oils has supportive anti-aging benefits leaving the skin refreshed and alive, while you smell and feel exotic!

Fall: Facial Pumpkin Refresher Treatment \$95

Fall is the time to replenish your skin and the pumpkin refresher treatment is the perfect way to accomplish this. Experience the valuable benefits of natural pumpkin extracts, one of nature’s most nutritious foods. Pumpkin contains the highest content of naturally occurring Vitamin A and Beta Carotene of any fruit, which are superior antioxidants for your skin! This refresher treatment will dissolve, soften, and exfoliate dead skin cells, resulting in healthier and more glowing skin. You will see smoother texture and brighter skin tone, as pumpkin extract attacks pigmented cells. The powerful infusion of

antioxidants and nutrients makes our pumpkin treatment an important part of achieving and maintaining skin health.

Winter: Facial Berry Radiance Facial

\$95

The winter season requires a bounty of earthly, colorful berries and spices, so Rhonda Allison has blended these nutritious elements into exotic preparations to create the Berry Radiance Facial. Extracts from sumptuous grapes are blended with cinnamon and clove essential oils. This compound is lightly warmed for the beginning of a thoroughly soothing experience. Cherries, pomegranates, blueberries, red berries, and raspberries all work together to cleanse, exfoliate, nourish, balance and refine your skin. Your skin will gain a youthful, healthy glow that will keep you sparkling throughout the holidays! A facial each week will help take the stress out of holiday shopping and keep you looking rested and refreshed!

Microdermabrasion

We offer this mild “sanding” of your skin as a tool to help transform your skin to its optimum potential. Crystals are drawn across the skin to exfoliate damaged and dead skin cells to help improve fine lines and wrinkles, pigmentation, decrease pore size, extract debris, and provide a smoother texture for the skin. This treatment may be used alone; however, it is often combined with many of the different skin care treatments we offer to help to accentuate the improvement of your skin as well as further enhance the beauty of your skin.

One treatment \$149

Five treatments \$599

Ten treatments \$899

VIP Program: \$89/each (after client has purchased series of ten)

Vibradermabrasion

The Vibradermabrasion is available at the Plastic Surgery Institute.

As you know, Dr. Morris is always interested in finding new procedures that produce benefits for patients that surpass what has been previously available. Our new Vibraderm microdermabrasion machine produces phenomenal results for our patients - making their skin look smoother, brighter, and more vibrant than with our standard machine.

What is Vibradermabrasion?

Vibradermabrasion is the new way to do microdermabrasion. It uses specialized vibrating paddles with a textured metal surface, to greatly enhance the removal of old, aged skin **without the mess of crystals** applied to the skin.

Vibradermabrasion Therapy can be used on virtually any part of the body. The process is fast and very comfortable and produces exceptional results. **There is no down-time!** 75-85% of the stratum corneum (the outer most layer of your skin) is removed in minutes and prepares the skin for additional procedures such as Skin Hydration, Non-ablative Light Source treatments (Laser/IPL), Chemical Peel enhancement, and Levulan enhancement, to name a few. With the **infusion paddle** we can direct active skin rejuvenating compounds into the deeper layer of the skin, where they are more effective.

Experience why *Good Morning Chicago* called the Vibraderm Skin Restoration System, “Yoga for the Skin”

One Treatment with paddles	\$199
Each subsequent treatment	\$149
Series of 6	\$799 and the paddles are free
Purchase of paddles alone	\$59 (without tax)

Rhonda Allison Peels

Progressive Peels

These treatments include progressive rejuvenation products to give your skin the boost it needs. These treatments can be done every two to three weeks, depending on your skin type. You will experience light exfoliation, similar to sunburn. Each peel is customized for your skin. These treatments are great for working woman.

\$125 without microdermabrasion
\$175 with microdermabrasion

Mid-depth Peels

This is a serious treatment. You will experience two to three days of skin peeling. This is very beneficial for stubborn hyperpigmentation, photo-aged skin, and cases of severe acne.

\$200 without microdermabrasion
\$250 with microdermabrasion

Deep Peels

Deep peels combined with microdermabrasion are an excellent for effecting major changes in the skin. You will experience a couple of days of feeling slightly uncomfortable. The skin will usually turn dark in color and will exfoliate quite heavily for about three days. These peels are usually done annually; however, you may repeat them every six weeks to rapidly get your skin to its optimal potential.

\$275 without microdermabrasion
\$325 with microdermabrasion

Progressive Peels for all skin types:

Glytone® Step up Peels : \$35

A customized program of free glycolic acid peels ranging from 30-70% for visible results.

Deep Peel For All Skin Types:

Modified Jessner Peel:

A deep peel for dull skin, fine lines, oily, scar tissue, pigmented skin. This is an excellent peel for normal skin rejuvenation and maintenance. This peel requires a 10-14 day down time.

Peels for Oily Combination Skin:

RA-AHA Peel: A progressive treatment for photo-aging and rejuvenation, to smooth and soften coarse skin and support the control of acne, excess oil and follicle blockage.

Italian Herbal Peel: a progressive peel for mild to moderate acne conditions with impure combination skin, oily T-zone and dehydrated, pebbly congestion, and bacteria prone skin.

Quick Fix: a mid-depth acne tune-up for thick, oily, coarse skin with comedones, will refine and improve skin tone and minimize fine lines

Beta "A" Peel: a mid-depth peel for active oil secretion, comedones, congested blemishes, discoloration due to breakouts and enlarged pores

Skin Recovery Peel: a deep peel for skin that is dull, has fine lines, sun pigmentation, thick, oily, coarse, and congested

Non-Resorcinol Peel: a deep peel for darker, dull, aged, tired, uneven skin tone

Peels for Dry or Combination Skin:

The Refresher Peel: a progressive peel for dehydrated skin with fine lines, dull, dry, acne, sensitive with visible capillaries

Peels for Dry Skin:

Perk Me Up: a progressive peel for dehydrated, dead skin build-up that is lacking “sparkle”

L-Lactic Hydration Peel: a progressive peel for very dehydrated sensitive skin lacking stimulation that is photo-aged with fine lines

Peels for Aging Skin:

Firming and Toning Peel: a mid-depth peel for photo-aged, dull complexion with fine lines, uneven skin tone, congestion, and mild breakouts

Skin Awakening Peel: a mid-depth peel for uneven texture, fine lines, photo damage, and unhealthy skin tone

Baby Boomer Peel: a very popular mid-depth peel for dull, slackened, fine lines, uneven tone, sensitive with visible capillaries, coarseness, large pores, normal skin rejuvenation, and maintenance

The French Peel: our deepest peel for lines, wrinkles, stimulation, photo-aging, normal rejuvenation and maintenance; this peel requires a 10-14 day down time

Peels for Sensitive Skin:

Dermazyme Peel: a progressive peel for dehydration, dull skin tone, redness, fine lines, broken capillaries, rough texture, and enlarged pores

The Go and Glow Peel: a progressive peel for tired, dull, dehydrated combination skin that is not too oily and has enlarged pores and uneven skin tone

No Burn No Downtime: a progressive peel for exposed capillaries, young teenage acne, fine lines, dehydration, and dull tone

Beta Complexion Peel: an intense mid-depth peel for dull slackened skin with decreased elasticity, fine lines, large pores, excess oils, but lacking moisture with uneven skin tone

Peels for Hyperpigmented skin:

Brighten Up: a progressive peel for discolored, dehydrated combination or sensitive skin that needs lightening

Fade A Peel: a progressive treatment for sluggish circulation, sallow skin tone and epidermal pigmentation

The Melanin Lift: a mid-depth peel for general discoloration, uneven skin tone, oily aged skin, bacteria, and discoloration from lesions

The Crystal Bright Peel: a deep peel for stubborn pigmented spots, uneven tone, oily or combination with large pores

Peels for Oily Skin:

The Tomato Peel: a progressive peel for oily, congested lesions and discolorations; a good starter peel for teen acne

The Antiox Peel: a progressive peel for coarse thick sebaceous skin that is congested with impactions

Peroxide Peel: a mid-depth treatment for dull, tired, sebaceous and congested skin that has fine lines and is lacking hydration

Buff and Shine: a deep peel that will address a sebaceous and congested complexion with coarse texture and large pores that is prone to breakouts and uneven skin tone

The Detox Peel: a mid-depth peel for mild to moderate acne that is oily with inflamed lesions, impactions, and dehydration

The Purple Peel: a mid-depth peel for oily, acne skin that has inflamed congested lesions, dead skin build-up and enlarged pores

Please note: package prices are available by request

Body Peeling Is Available And Priced On Request

Other Professional Facial Services:

Make-Up:

We offer a complete line of Mineralologie Make-up. This is the most natural make-up in the world. It gets its radiant color from the earth's natural minerals, which reflect light, minimizing flaws and enhancing your skin's own natural beauty. It also is water resistant and has an SPF of 26.

Make-up Tips	\$15
Make-up applied	\$25
Make-up consult with application	\$35
Bridal Make-up Trial	\$25/person
On-site bridal party application	\$75/person

Permanent make-up:

Permanent make-up is a time-saving convenience for all women, especially those on the go. It can save twenty minutes or more each morning. That's about 10 hours a month or almost 120 hours each year! The technique that makes this all possible is called micropigmentation. We use the latest in micropigmentation technology – the European PUREBEAU system.

The benefit to you of this system is a marked reduction in discomfort and an increase in accuracy over many other methods of application.

Permanent Make-Up does not make you look harsh. In fact, if done properly, permanent makeup enhances your natural beauty.

You Will Look Natural – Our Technique Enhances Your Own Beauty, with less time spent putting On Make-Up!

Eyebrows \$595

Eyebrows that are too light, too thin, too sparse or nonexistent can be beautifully enhanced and improved with micropigmentation. Enhancement of eyebrows is important because they frame the eyes and give the face expression.

Eyeliner \$595

Eyeliner enhances and defines the beauty of the eyes. It makes lashes appear thicker when not wearing mascara.

Lipliner/Full Lip Color

\$595

Lip color is perfect for asymmetrical lips, thin lips or lips with uneven borders. It eliminates the problem of lipstick “bleeding” into fine lines around the mouth.

Our technicians perform permanent Makeup in the office of Dr. Steven M. Morris, a Plastic Surgeon who demands perfection from all of his personnel. You also will have the confidence of having your procedure performed in a medical office - proper sterility and all of your procedural needs delivered at one location for your convenience.

Consultations are free, and the price for a procedure includes one free touch-up (this is necessary for proper results).

Eyelash and Brow Tinting:

Eyelashes \$25
Lashes and Brows \$35

Eyebrows \$18

Eyelash Enhancements - artificial lashes - are safe and natural looking. No need for mascara. Great for special occasions.

Waxing

Note: We offer both cold and hot wax.

Half Arm \$25
Underarms \$25
Full Legs \$75
Bikini Wax \$30
Eyebrow \$12
Upper Lip \$10
Men’s Back \$50

Full Arm \$40
Lower Legs \$40
Legs & Bikini \$95
Brazilian \$65
Chin \$10
Full Face \$40

A full list of body waxing is on our Spa Menu.

Permanent Hair Reduction/Removal

We also offer permanent hair removal. This treatment is performed in our Advanced Medical Skin Care Institute. We use only “cutting edge” equipment - the Coherent Light Shear diode laser and the treatments are usually four to six weeks apart and usually only require three treatments.

Pricing:

AREA	SINGLE TREATMENT	PACKAGE OF 3
Abdomen	\$250	\$675
Back	\$600	\$1,620
Back Lower Only	\$300	\$810
Back Upper Only	\$400	\$1,080
Bikini Line (sides only)	\$250	\$675
Bikini Line (top/sides/upper thigh)	\$350	\$945
Buttocks (both)	\$350	\$945
Cheeks	\$200	\$540
Chest	\$600	\$1,620
Chin	\$99	\$267.30
Ears	\$100	\$270
Feet/Toes Only (both)	\$100	\$270
Full Arms (both)	\$400	\$1,080
Hands (both)	\$200	\$540
Jawline	\$150	\$405
Legs Full (both)	\$800	\$2,160
Legs Lower Only Including Knee (both)	\$400	\$1,080
Legs Upper Only (both)	\$400	\$1,080
Lower Arm Only (both)	\$250	\$675
Midbrow	\$75	\$202.50
Navel	\$100	\$270
Navel Line	\$125	\$338
Neck Front or Back	\$225	\$607.50
Nipple/Areola (both)	\$150	\$405
Nose	\$50	\$135
Pubic Area	\$300	\$810
Shoulders (both)	\$250	\$675

Sideburns (both)	\$200	\$540
Underarms (both)	\$299	\$807.30
Upper Arm Only (both)	\$225	\$607.50
Upper Lip	\$99	\$267.30
Maintenance After 6 Full Price Treatments	\$35	No Discount